

Facilitator SELF Feedback Form

Reflection questions for you to complete at the end of your facilitation

We often think to ask our participants & co-facilitator for feedback, but we have just as much good insight to offer ourselves.

Complete this form when you hand out participant feedback forms. They give you feedback, while you give you feedback.

Set aside time & plan to take action on this feedback. Don't just reflect - use it!

Get an editable version of this form, and other resources, free at TheSafeZoneProject.com

What went well?

What could have gone better?

What aspect of the training do I want to change? How do I want to change it?

What aspect elicited the most learning for the group? How can I recreate it?

What questions or moments was I unprepared for? What follow-up do I need to do before next time?

Anything facilitation-wise I want to change, or try out, next time?

Final thoughts for next time?

What follow-up did I promise participants?